



Thank you for purchasing our favorite hands-free baby carrier. We hope you and your baby find it as wonderful as we did when we discovered it.

We have included instructions on the backside of this insert to show you the best ways we've found to wrap the Bundle Baby Carrier, and to place your baby inside. However, we also have these instructions on our website, and as we learn new, innovative positions for your baby in the carrier, we will make those available online as well.

Also, if you have any questions or problems regarding your Bundle Baby Carrier, you can find instructions for contacting us.

Visit www.bundlebabyproducts.com for more information.

Thank you again, and enjoy your Bundle Baby Carrier.

Instructions For Tying The Bundle:

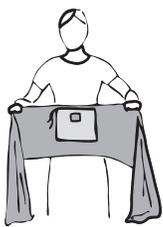
When tying the Bundle, you needn't leave "room" for the baby. Simply tie the wrap on your body, not loose, but not tight. The natural stretch of the fabric, and geometry of the tying method, will make sure your baby has room, and is also held snugly and safely.

Because of the method of tying, wrapping the Bundle looser on your body will simply result in your baby sitting lower on your chest; tighter on your body will simply result in your baby sitting higher on your chest.

You will decide how high or low you like to carry your baby. You may find that carrying lower on your chest/belly results in more weight being distributed to your lower back as well as the top of your shoulders. Carrying higher seems to require more work in your upper back instead. You should adjust your carry over time, to best distribute the work to your entire back, shoulders and hips. We have found that even with extremely high or extremely low carries, the Bundle still provides superior weight distribution, comfort for your shoulders, and support for your lower back.

As you wear the Bundle, if you find your baby is sitting too high or too low, simply remove the baby, and retie the Bundle looser (to lower the baby) or tighter (to raise the baby), as you prefer.

As you gain experience with the Bundle, you will become familiar with how tight to tie it to achieve the desired positioning of your baby on your body.



Start by holding the bundle in front of you, with the pocket centered at your waist and Wrap the bundle around your waist.



Cross it behind you creating an X on your back and pull both ends up and over your shoulders.



Bring them to the front of your body again and tuck both ends through the band at your waist



Crossing them to create an X across your chest.



Wrap both ends around your waist one more time.



Cross them behind your back again.



Tie a knot in the front.

You should have an X at your back, and an X at your chest, with the pocket, and the Bundle logo across the front of your waist.

Note: The pocket on the front of the Bundle is intended for storage when the Bundle is not in use. It is also very useful in finding the center of the Bundle, for positioning it on your body. It is not intended as storage for personal items while carrying your baby, as it will be very snug against your baby's chest or back, depending on the carry position you are using.

Putting Your Baby In

Little Cuddler: 2-12 months and up : 10-36 lbs.

This is the basic, inward facing carry, generally seen with most baby carriers. It is appropriate for very young babies (under 3 months), up to 18 months or more. Your baby will sit very differently in the carry, depending on his age. But the basic carry remains the same.

First, identify the inner strap and the outer strap of the X on your chest. For this example, we are going to assume that your left shoulder has the outer strap (See illustration).



Begin by holding your baby over your left shoulder.



Reach your right hand behind the right strap, and grasp your baby's left leg, pulling it through. His left arm should also be tucked inside the strap.



Shift your baby's weight to your right arm and repeat on the other side.



The X should stretch across your baby's back, and cross between his legs.



Spread the fabric under your baby's legs, so he is sitting in two layers of cradling seat, rather than



Finally, lift your baby's weight slightly, and feed his legs down through the waist band with the pocket and label, for added support and proper weight distribution.



To remove your baby, free his arms from the shoulder straps, and lift him straight up.

Variations:

Little Buddha: 2-6 months : 10-18 lbs.:

This is an outward-facing carry that is appropriate for young babies, 2-6 months old. Your baby should have some control over her head before using this carry, although she does not need to be able to support her head completely. This is a great carry for babies who like to observe the world, but cannot yet support all the weight of their spine, or who are too little to be resting their weight on their groin. For a more traditional outward-facing carry, try the Little Observer.

This is similar to the "Little Cuddler", except you start by holding your baby at your chest, facing away from you, in a cross-legged, sitting position. Do not pull her legs all the way through the straps. Stretch the right (inner) shoulder strap around the right side of her body (leg, hip, arm and shoulder). Then stretch the left (outer) shoulder strap around the left side of her body.

Stretch the waist band with pocket and label, up over your baby's crossed legs and body for added support and proper weight distribution.

Little Bundle: preemie to 3-6 months : 5-15 lbs.

This is a "sling-like" carry, that is appropriate only for very small babies. It is a perfect carry for a premature baby, as it offers whole-body and head support, as well as holding the baby firmly against your body for warmth and the physical contact that is so important for small babies. The Little Bundle carry is perfect for discreet nursing, and carrying a sleeping baby for long periods. It is, only appropriate for small babies, up to 3-6 months, depending on their size. (5-15 lbs.)

Hold your baby in a cradle position, with her head toward your right shoulder (the shoulder with the inner strap). Use your left hand to hold her, with her head in your left hand.

With your right hand, stretch the right shoulder strap away from your body, placing your baby in the sling created by the fabric. Place her hips in first, followed by her back and head.

Now, supporting her weight with your right arm, use your left hand to stretch the left shoulder strap over your baby as well.

She is now lying in the sling of the right strap, with the left strap crossing over her body for added support.

Depending on the size of your baby, and your preference, you may pull the waist band with pocket and label, up over your baby for added support.

Little Observer: 6-18 months and up : 15-36 lbs.

This is the basic, outward facing carry, generally seen with most baby carriers. It is appropriate for babies who can hold their heads and most of their torso. Ability to sit up is a good indication that your baby is ready for the Little Observer. If she likes to observe the world, but cannot yet support the weight of her spine, the Little Buddha carry is more appropriate.

Follow the instructions for the Little Cuddler, except the baby faces outward, rather than toward you.

Big Cuddler: 12 months and up : 20-36 lbs.

The Big Cuddler is the same carry as the Little Cuddler, except your child's arms are not confined within the shoulder straps. This carry should only be used with toddlers, 12 months and older, who have good muscle control in their spine. Ability to walk is a good indicator.

Follow the instructions for the Little Cuddler, without tucking your child's arms inside the shoulder straps. You may want to start with the Little Cuddler carry, and remove your child's arms from the shoulder straps, once you have him securely in position.